

# BARKING & DAGENHAM AQUATICS CLUB (REDFINS)

(Affiliated to A.S.A.) (Under A.S.A. Laws)

Length of pool 25 metres

TEAM LANES:

(0)

(1)

(2)

(3)

(4)

(5)

(6)

(7)

(8)

(9)

Ages as date  
of Gala

PRESENTS

## FIRST ANNUAL TROPHY GALA

BECONTREE HEATH LEISURE CENTRE,

SATURDAY, 28<sup>th</sup> JANUARY, 2012

Warm Up 5.30 – Start 6:00pm

*Officials:* Members of the E.A.S.A. and competing clubs who  
are thanked in advance for their participation.

### SILENCE AT THE START OF EACH EVENT IS REQUESTED

*LANES WILL BE DRAWN AT  
COMMENCEMENT OF THE GALA*

2 scoring swimmers into each individual event and  
2 scoring teams into each relay events

3 individual events in own age group and up to 2 events in  
older age groups and unlimited number of relay events

#### SCORING POINTS

1 <sup>st</sup> = 10 points	2 <sup>nd</sup> = 9 points	3 <sup>rd</sup> = 8 points	4 <sup>th</sup> = 7 points	5 <sup>th</sup> = 6 points
6 <sup>th</sup> = 5 points	7 <sup>th</sup> = 4 points	8 <sup>th</sup> = 3 points	9 <sup>th</sup> = 2 points	10 <sup>th</sup> = 1 point

#### ADMISSION

Adults - £2.00

OAPs &  
Children under 16 - £1.00

Under 5s - Free

Teams taking part

**B&DAC (REDFINS) A&B**  
**EPPING FOREST A&B**

**HORNCHURCH A&B**

**LEYTON A&B**

**ROCHFORD A&B**

The Trophy will be presented to:

**THE WINNING CLUB**

**TOP MALE SWIMMER**

Based on best single  
BAGCAT points swim

**TOP FEMALE SWIMMER**

Based on best single





RUNNING SCORE		LANE 1		LANE 2		LANE 3		LANE 4		LANE 5		LANE 6		LANE 7		LANE 8		LANE 9		LANE 10	
		P O S	TIME	P O S	TIME	P O S	TIME	P O S	TIME	P O S	TIME	P O S	TIME	P O S	TIME	P O S	TIME	P O S	TIME	P O S	TIME
<b>35</b>	<b>GIRLS u12 50m FREE</b>																				
<b>36</b>	<b>BOYS u12 50m FREE</b>																				
<b>37</b>	<b>GIRLS u14 100m FLY</b>																				
<b>38</b>	<b>BOYS u14 100m FLY</b>																				
<b>39</b>	<b>GIRLS u16 100m BACK</b>																				
<b>40</b>	<b>BOYS u16 100m BACK</b>																				
<b>41</b>	<b>GIRLS OPEN 200m BREAST</b>																				
<b>42</b>	<b>BOYS OPEN 200m BREAST</b>																				
<b>43</b>	<b>GIRLS u12 4 x 50m MEDLAY RELAY</b>																				
<b>44</b>	<b>BOYS u12 4 x 50m MEDLAY RELAY</b>																				
<b>45</b>	<b>GIRLS u14 4 x 50m FREE RELAY</b>																				
<b>46</b>	<b>BOYS u14 4 x 50m FREE RELAY</b>																				
<b>47</b>	<b>GIRLS u16 4 x 50m MEDLAY RELAY</b>																				
<b>48</b>	<b>BOYS u16 4 x 50m MEDLAY RELAY</b>																				
<b>49</b>	<b>GIRLS OPEN 4 x 50m MEDLAY RELAY</b>																				
<b>50</b>	<b>BOYS OPEN 4 x 50m MEDLAY RELAY</b>																				
TOTAL POINTS																					

Barking and Dagenham Aquatics Club wish to thank all concerned for their assistance/support given and wish you all a safe journey home